HSL Capstone Assignment

This semester in HSL I learned a lot about collaborative leadership or team building. One day we received a whole presentation about the different views of people from different generations. We learned that when we get a job in the future we could potentially be working with people from these different generations and we would have to be able to function as a team. We learned about the positive work ethics and perspectives that each of the different generation groups have. I thought this was very helpful because I learned how to be a leader and incorporate all the positive and helpful attributes from each generation. We learned that as a team you have to be able to collaborate and work together. We learned about the components of an effective team and how everyone serves a specific and important role.

I also learned about servant leadership this semester in HSL. I was able to act as a servant leader in our community when our class was assigned a project to create a lesson plan or activity for the children at Bismarck YMCA. For this project we were put into groups and then we had to divide the work and come up with a lesson and our subject was Mathematics. We were not sure what the exact age of the children would be so we had to come up with a game that could be adjusted easily to fit the skill level that the children were at. Our group worked together to come up with the idea of a jeopardy game that turned into a physical race to get the right answer to math equations. On the day we actually went to the YMCA with the children we had to lead the children and teach them the game. The groups ended up being so large, we had to think on the spot and come up with additional games for them to play. We started played tag, basketball, twister and several other games. We had to always act responsibly and know that we were being viewed as leaders and role models by all the younger children. It was definitely a fun experience to play with the children and help them learn some math skills.

During this semester of HSL I was able to gain a better understanding of cultural diversity and become more aware of that. I learned a lot about cultural diversity when I took part in the trip to Jamestown. The first place we toured in Jamestown was the Anne Carlsen Center. This is a place dedicated to caring for children who suffer with disabilities. While we were touring we were able to learn a lot about the facility and all the different therapies that they provide for the children learning there. We were able to talk to one of the teachers and several of the staff members who work there. After we visited the Anne Carlsen Center we also went to the state hospital. This was another place where I was able to gain a greater awareness of cultural diversity. The people who were patients here had severe disabilities and this was a place for them to try and learn how to function on their own in society and the community. Our tour guide explained some of her personal experiences with different patients who acted out. I learned that it definitely takes a special person to work in places like this, but when you are accepting of others and willing to work with them you can make a lot of progress and get a lot accomplished.